

LOUISIANA RESOURCE GUIDE



U.S. Army Disaster Personnel Accountability and Assessment System (ADPAAS)

As a prudent precaution, all military members are requested to update their contact information and potential evacuation location on their respective Services' accountability systems. If an evacuation order is given, correct information is crucial for accountability!

<https://adpaas.army.mil/>

Emergency Contact Information



Louisiana State Emergency Management

Office of Homeland Security and Emergency Preparedness

225-925-7500

7667 Independence Blvd, Baton Rouge, LA 70806

<http://gohsep.la.gov/>



TWITTER	FACEBOOK
https://twitter.com/GOHSEP	https://www.facebook.com/gohsep/



FEMA

<https://www.fema.gov/>



<https://www.ready.gov/>

LOUISIANA RESOURCE GUIDE

Family Programs Staff

81st Readiness Division, Region 3- Louisiana

Address: 400 Russell Ave., BLDG 22, Belle Chasse, LA 70143

Family Programs Director (FPD): Melissa Scott

(910) 771 - 8268

Email: melissa.y.scott2.civ@army.mil

Family Readiness Coordinator (FRC): Vacant

81st Readiness Division, Region 3- Louisiana

Address: 1735 Foss Street, Baton Rouge, LA 70726

Family Readiness Support Assistant (FRSA): Lisa LeMaire

910-771-7411

Email: lisa.m.lemaire.civ@mail.mil

Family Readiness Support Assistant (FRSA): Kim Knight

910-771-7462

Email: kim.knight6.civ@mail.mil



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Army Reserve Psychological Health Program

Stacey Feig, Team Leader
Office of the Chief, Army Reserve (OCAR)
Office: 703-806-6905
Cell: 703-254-8246
stacey.a.feig.ctr@mail.mil

The program offers counseling referrals for soldiers and family members, Command consultation, and Traumatic Event Management.

Military Crisis Line

Text **SIGNS** to 741741
for the Crisis Text Line



Free & Confidential

There's no charge and you decide how much information to share.



Always Available

Accessible 24/7/365.



Trained Counselors

Many are Veterans who understand the challenges service members and their loved ones face.

Give an Hour

Give an Hour offers barrier free access to mental health care for Active duty, National Guard, Reserve and Veterans. Loved ones who have been affected by their family members time in service are also eligible for Give an Hour programming.

Veteran, military, and loved ones: <https://giveanhour.org/military>



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IMPORTANT CURRENT EMERGENCY INFORMATION



Federal agencies, like [Ready.gov](#), the [National Oceanic and Atmospheric Administration](#) and the [Centers for Disease Control and Prevention](#), also are valuable resources for emergency preparedness. When you face a natural or man-made emergency, try to stay informed through radio, TV or the Internet. In some cases, however, cable, electric and cell phone service will be disabled, making communication nearly impossible.

Affected State and Parish Emergency Management Links

Organization / Program Name	Links
State of Louisiana Homeland Security and Emergency Preparedness	https://gohsep.la.gov/

Parish	Website
Acadia	http://appj.org/DEPTem.html
Allen	http://allenparishso.org/
Ascension	http://ascensionparish.net/
Assumption	http://www.assumptionla.com/153/Office-of-Emergency-Preparedness
Avoyelles	https://www.avoypi.org/oep
Beauregard	http://beauparish.org/
Bienville	http://bienvilleparish.org/
Bossier	http://www.bossierparishla.gov/index.aspx
Caddo	http://caddosheriff.org/
Calcasieu	http://cppj.net/
Caldwell	https://gohsep.la.gov/about/parishpa
Cameron	https://cameronpi.org/
Catahoula	http://www.discovercatahoula.com/services/departments/homeland-security-emergency-preparedness
Claiborne	http://claiborneparish.org/
Concordia	http://www.conppj.org/
DeSoto	http://www.dpso.org/
East Baton Rouge	https://www.brla.gov/412/Mayors-Office-of-Homeland-Sec-Emergency-
East Carroll	https://www.esri.com/Emergency/Management
East Feliciana	http://eastfelicianacommunicationsdistrict.com
Evangeline	http://evangelineparishpolicejury.com/
Franklin	https://www.govserv.org/US/Winnsboro/244186567872/Franklin-Parish-OHSEP
Grant	http://www.grantso.org/
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Parish	Website
Jefferson Davis	http://www.jeffdavis.org/
Lafayette	http://lafayetteohsep.org/
Lafourche	http://lafourchegov.org/
LaSalle	http://www.ohsep.louisiana.gov
Lincoln	http://https://pilch.org.au/lincolnparishohsep/
Livingston	http://www.livingstonparishla.gov/
Madison	http://http://www.madisonparish.org/services-departments/homeland-security-emergency-preparedness
Morehouse	http://mpso.net/
Natchitoches	http://npsheriff.org/
Orleans	http://www.nola.gov/ready/
Ouachita	http://oppj.org/
Plaquemines	http://plaqueminparish.com/
Pointe Coupee	http://www.pcpso.org/
Rapides	http://rppj.com/
Red River	http://redriverready.com/
Richland	https://www.rppjinfo.com/homeland-security--emergency-preparedness.html
Sabine	http://sabineparishpolicejury.com/
St. Bernard	http://www.sbpq.net/
St. Charles	http://stcharlesparish-la.gov/
St. Helena	http://sthelenaparish.la.gov/
St. James	http://www.stjamesla.com/
St. John the Baptist	http://www.sjbparish.com/
St. Landry	http://stlandryparish.org/
St. Martin	http://www.stmartinohsep.org/
St. Mary	http://stmaryohsep.org/
St. Tammany	http://stpgov.org/
Tangipahoa	http://www.tangisafe.com/
Tensas	https://www.facebook.com/tensas911/
Terrebonne	http://tpcq.org/
Union	http://unionsheriff.com/
Vermilion	http://vppj.org/
Vernon	http://vernonso.org/
Washington	http://www.washingtonparishalerts.org/
Webster	http://www.websterparishla.org/index.html
West Baton Rouge	http://wbrcouncil.org/
West Carroll	https://www.facebook.com/WCPOHSEP/
West Feliciana	http://www.wfpso.org/
Winn	http://winnparish.org/

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COVID-19 Websites

Organization / Program Name	Links
The Centers for Disease Control and Prevention	https://www.cdc.gov
World Health Organization (WHO)	https://www.who.int/
Louisiana Department of Health	https://ldh.la.gov/coronavirus/
Center for Disease Control & Prevention	https://www.cdc.gov/vaccines/covid-19/index.html
US Food & Drug Administration	https://www.fda.gov/emergency-preparedness-and-response/counterterrorism-and-emerging-threats/coronavirus-

Evacuation Information

Organization / Program Name	Links
Louisiana Department of Transportation	http://gisweb.dotd.la.gov/evacuationroute/desktop.html
State Emergency Declaration	http://gohsep.la.gov/portals/0/News/111-JBE-2019-SOE-Invest-92L.pdf
Louisiana.Gov	http://www.emergency.louisiana.gov/Disaster_Evaluation_Guide.html
Louisiana State Police	www.lsp.org/emergency.html

Fuel

Organization	Links
GasBuddy	http://www.gasbuddy.com/GasPrices/Louisiana
Ricochet Fuel Delivery	https://www.ricochetfuel.com/areas-served/louisiana-fuel-distributor/

Power Outages

Organization	Links
Power Outages	https://poweroutage.us

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Weather

Organization / Program Name	Links
National Weather Service	http://www.weather.gov/alerts
National Hurricane Center	https://www.nhc.noaa.gov/
National Oceanic and Atmospheric Administration	https://www.noaa.gov/

State & Local Newspapers Media Stations

Organization / Program Name	Links
New Orleans Advocate	https://www.theadvocate.com/new_orleans
Baton Rouge Advocate	http://theadvocate.com/
American Press	http://www.americanpress.com/
Hammond Daily Star	http://www.hammondstar.com
Lafayette Daily Advertiser	http://www.theadvertiser.com/
Shreveport Times	http://www.shreveporttimes.com/
Houma Courier	http://www.houmatoday.com/
Town Talk	http://www.thetowntalk.com/
Monroe News-Star	http://www.thenewsstar.com/
Daily Iberian	https://www.iberianet.com/

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Louisiana Emergency Alert System

The following radio stations are key participants in the Louisiana Emergency Alert System. In the event of an emergency, these stations will broadcast emergency information.

Alexandria:

- AM 970 (KSYL)
- AM 580/FM 96.9 (KZMZ)
- FM 93.1 (KQID)

Baton Rouge:

- AM 1150 (WJB)
- FM 102.5 (WFMF)

Crowley:

- FM 102.9 (KAJN)

Lafayette:

- AM 1330 (KVOL)
- FM 99.9 (KTDY)

Lake Charles:

- AM 1470 (KLCL)
- FM 99.5 (KHLA)

New Orleans:

- AM 870 (WWL)
- FM 101.9 (WLMG)

Northeast:

- AM 540/FM 101.9 (KNOE)

Ruston:

- AM 1490 (KRUS)
- FM 107.5 (KXKZ)

Shreveport:

- AM 1130/FM 94.5 (KWKH)

NOAA Weather Radio (NWR)

NOAA Weather Radio is a nationwide network of radio stations broadcasting continuous weather information direct from a nearby National Weather Service office. NWR broadcasts National Weather Service warnings, watches, forecasts and other hazard information 24 hours a day.

National Resource Information

American Red Cross.....1-800-RED-CROSS (1-800-733-2767).....	www.redcross.org
Centers for Disease Control.....	www.cdc.gov
Environmental Protection Agency.....	www.epa.gov
Federal Emergency Management Agency (FEMA) 1-800-621-FEMA (3362).....	www.fema.gov
Agencia Federal para el Manejo de Emergencias (FEMA)	www.fema.gov/es
National Oceanic and Atmospheric Administration (NOAA).....	www.noaa.gov
National Weather Service	www.weather.gov
Gulf of Mexico Disaster Response Center	oceanservice.noaa.gov/hazards/drc
National Data Buoy Center	www.ndbc.noaa.gov
National Hurricane Center	www.nhc.noaa.gov
National Centers for Environmental Information (NCEI)	www.ncei.noaa.gov
National Environmental Satellite, Data, and Information Service (NESDIS).....	www.nhc.noaa.gov/satellite.shtml
US Department of Homeland Security	www.dhs.gov

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National Resource Information Cont.

Southeast Louisiana Information

Louisiana Office of Homeland Security and Emergency Preparedness (http://gohsep.la.gov).....	225-925-7500
GetaGamePlan.....	www.getagameplan.org
OfficialStateWebsite.....	www.louisiana.gov
Louisiana Department of Transportation (wwwsp.dotd.la.gov).....	1-877-4LA-DOTD (452-3683)
Louisiana Office of Tourism (www.louisianatravel.com).....	1-800-677-4082
Louisiana State Police (www.lsp.org).....	225-925-6006(*LSPfromcellphone)
Louisiana Governor's Office (https://gov.louisiana.gov).....	225-342-0991or1-844-860-1413 Louisiana
Attorney General (www.ag.state.la.us).....	225-326-6079
Louisiana Department of Agriculture & Forestry (www.ldaf.state.la.us).....	1-866-927-2476
Louisiana Department of Environmental Quality (https://deq.louisiana.gov).....	1-866-896-LDEQ(5337)
Louisiana Department of Insurance (www.idi.la.gov).....	1-800-259-5300
Louisiana Department of Wildlife & Fisheries (www.wlf.louisiana.gov).....	225-765-2800
Louisiana Department of Natural Resources (www.dnr.louisiana.gov).....	225-342-0510
Louisiana Department of Health (https://ldh.la.gov).....	225-342-9500
Louisiana Department of Children and Family Services (www.dss.state.la.us).....	1-888-LAHELP-U(524-3578)
Louisiana Workforce Commission (www.laworks.net).....	225-342-3111
National Weather Service Forecast Office (New Orleans/Baton Rouge) (www.weather.gov/lix).....	504-522-7330
National Weather Service Forecast Office (Lake Charles) (www.weather.gov/lch).....	337-477-5285
National Weather Service Southern Region.....	www.weather.gov/srh/Storm Smart Coasts
US Coast Guard, 8th District.....	http://gom.stormsmart.org/
	www.atlanticarea.uscg.mil/Our-Organization/District-8

Southwest Louisiana Information

Louisiana Office of Homeland Security and Emergency Preparedness (http://gohsep.la.gov).....	225-925-7500
Get a Game Plan.....	www.getagameplan.org
Official State Website.....	www.louisiana.gov
Louisiana Department of Transportation (wwwsp.dotd.la.gov).....	1-877-4LA-DOTD (452-3683)
Louisiana Office of Tourism (www.louisianatravel.com).....	1-800-677-4082
Louisiana Governor's Office (https://gov.louisiana.gov).....	225-342-0991or1-844-860-1413
Louisiana State Police (www.lsp.org).....	225-925-6006(*LSPfromcellphone)
Louisiana Attorney General (www.ag.state.la.us).....	225-326-6079
Louisiana Department of Agriculture & Forestry (www.ldaf.state.la.us).....	866-927-2476
Louisiana Department of Environmental Quality (https://deq.louisiana.gov).....	1-866-896-LDEQ(5337)
Louisiana Department Department of Insurance (www.idi.la.gov).....	1-800-259-5300
Louisiana Department of Wildlife & Fisheries (www.wlf.louisiana.gov).....	225-765-2800
Louisiana Department of Natural Resources (www.dnr.louisiana.gov).....	225-342-0510
Louisiana Department of Health (https://ldh.la.gov).....	225-342-9500
Louisiana Department of Children and Family Services(www.dss.state.la.us).....	1-888-LAHELP-U(524-3578)
Louisiana WorkforceCommission(www.laworks.net).....	225-342-3111
NationalWeatherServiceForecastOffice(NewOrleans/BatonRouge)(www.weather.gov/lix).....	504-522-7330
NationalWeatherServiceForecastOffice(LakeCharles)(www.weather.gov/lch).....	337-477-5285
NationalWeatherServiceSouthernRegion.....	www.weather.gov/srh
StormSmartCoasts.....	http://gom.stormsmart.org
USCoastGuard,8thDistrict.....	www.atlanticarea.uscg.mil/Our-Organization/District-8
Cleco Corporation (www.cleco.com).....	1-800-622-6537
Entergy (www.entergy-louisiana.com).1-800-ENTERGY(368-3749).....	Poweroutages:1-800-9OUTAGE(968-8243)
JeffDavisElectricCo-op (www.jdec.org).....	Outage1-800-256-5332

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SAFETY TIPS



ARE YOU PREPARED?

<https://www.ready.gov/beinformed>

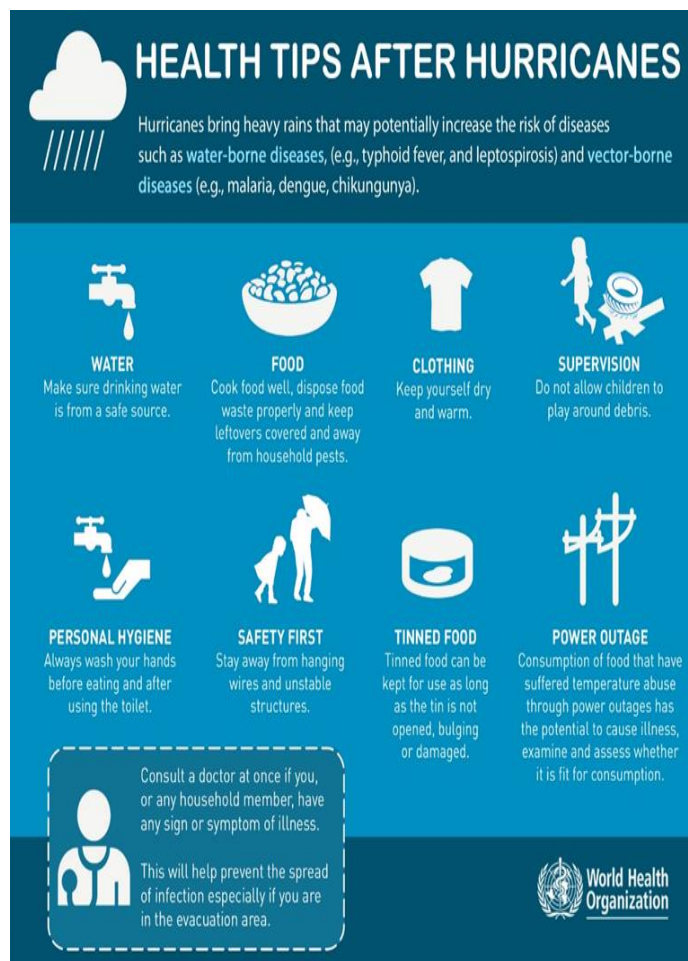
<https://www.weather.gov/safety/>



BE PREPARED FOR A FLOOD

Failing to evacuate flooded areas, entering flood waters, or remaining after a flood has passed can result in injury or death.

FEMA
FEMA V-1005/ March 2018




HEALTH TIPS AFTER HURRICANES

Hurricanes bring heavy rains that may potentially increase the risk of diseases such as water-borne diseases, (e.g., typhoid fever, and leptospirosis) and vector-borne diseases (e.g., malaria, dengue, chikungunya).

WATER	FOOD	CLOTHING	SUPERVISION
Make sure drinking water is from a safe source.	Cook food well, dispose food waste properly and keep leftovers covered and away from household pests.	Keep yourself dry and warm.	Do not allow children to play around debris.

PERSONAL HYGIENE	SAFETY FIRST	TINNED FOOD	POWER OUTAGE
Always wash your hands before eating and after using the toilet.	Stay away from hanging wires and unstable structures.	Tinned food can be kept for use as long as the tin is not opened, bulging or damaged.	Consumption of food that have suffered temperature abuse through power outages has the potential to cause illness, examine and assess whether it is fit for consumption.



Consult a doctor at once if you, or any household member, have any sign or symptom of illness.

This will help prevent the spread of infection especially if you are in the evacuation area.

World Health Organization

Flooding is a temporary overflow of water onto land that is normally dry. It is the most common natural disaster in the U.S.

Results from rain, snow, coastal storms, storm surge, and overflows of dams and other water systems	Develops slowly or quickly. Flash floods can come with no warning	Causes outages, disrupt transportation, damage buildings, create landslides

IF YOU ARE UNDER A FLOOD WARNING, FIND SAFE SHELTER RIGHT AWAY

Do not walk, swim, or drive through flood waters.

Stay off bridges over fast-moving water.

Determine your best protection based on the type of flooding.

Evacuate if told to do so.	Move to higher ground or a higher floor.	Stay where you are.

EVENT NAME DATE
Updated as of 22 Sep 2022

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BEFORE / AFTER



Organization / Program Name	Links and Contact Information	Description
Ready (Make a Plan)	https://www.ready.gov/make-a-plan	Make a family communication plan so everyone can be prepared.
American Red Cross (Safe and Well)	https://safeandwell.communityos.org/cms/index.php	After a disaster, you can let your family and friends know that you're safe. Register yourself as "safe and well" or search to find loved ones.
National Voluntary Organizations Active in Disaster (VOAD)	https://www.nvoad.org/	National VOAD members respond to disasters in the United States and around the world.
U-Haul Disaster Relief	https://www.uhaul.com/About/DisasterRelief/	U-Haul has a long-time policy of assisting those in need during natural disasters, such as hurricanes, tornadoes, floods, fires, etc., by offering 30 days of free storage at participating <u>U-Haul self-storage facilities</u> on an as-available basis.

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FOOD AND WATER RESOURCES



Organization / Program Name	Links and Contact Information	Description
U.S. Department of Agriculture (Food Assistance for Disaster Relief)	https://www.fns.usda.gov/disaster/disaster-assistance	The Food and Nutrition Service (FNS) coordinates with State, local and voluntary organizations to: Provide food for shelters and other mass feeding sites; Issue Disaster Supplemental Nutrition Assistance Program (D-SNAP) benefits.
FoodPantries.Org	https://www.foodpantries.org/st/louisiana	Directory of Food Banks, Soup Kitchens, and non-profit organizations committed to fighting hunger.
Feeding America	http://www.feedingamerica.org/	The Feeding America network is the nation's largest domestic hunger-relief organization.
The Food Bank of Central Louisiana	https://www.fbcenla.org/	It is with the generous support of our individual and corporate donors that the Food Bank of Central Louisiana is able to serve more than 22,400 people every month in our community.
The Food Bank of Northwest Louisiana	https://www.foodbanknla.org/	The mission of the Food Bank of Northwest Louisiana is to serve as the primary resource for fighting hunger in Northwest Louisiana. Our vision is to ultimately end hunger in Northwest Louisiana by ensuring consolidated network of effective food collection and distribution which will provide universal access to food for the needy in our communities.
Department of Children and Family Services	http://www.dcf.louisiana.gov	Emergency food assistance due to natural disaster.

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Shelters

American Red Cross	http://www.redcross.org/get-help/disaster-relief-and-recovery/find-an-open-shelter	Find open shelters. If an emergency has forced you to evacuate your home, the Red Cross may be able to help.
FEMA	https://www.arcgis.com/home/webmap/viewer.html?useExisting=1&layers=d000037396514f70a2ba3683e037caee	This web service displays data from the FEMA National Shelter System database.
Homeless Shelter Directory	http://www.homelessshelterdirectory.org/	The Homeless Shelter Directory provides Homeless Shelters and Homeless Service Organizations. This includes all resources necessary to help the needy.
Shelter Listings	https://www.shelterlistings.org/state/louisiana.html	Shelter Listings helps the needy find shelter and assistance. This nation is going through tough times and providing a helping hand can help make the world a better place.

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Housing

HOUSING RESOURCE



Organization / Program Name	Links and Contact Information	Description
FEMA (Transitional Sheltering Assistance)	https://www.fema.gov/transitional-shelter-assistance	If you are eligible for Transitional Sheltering Assistance, FEMA will pay for the cost to stay in certain hotels or motels for a limited period of time.
FEMA (Participating Hotels)	http://www.femaevachotels.com/	Search the list participating locations. Room availability changes quickly, please call the hotel to be sure the hotel can accommodate your need.
Department of Housing and Urban Development (HUD)	https://www.hud.gov/info/disasterresources	HUD provides a variety of disaster resources.
Soldier On	http://www.wesoldieron.org/	Soldier On is committed to ending veteran homelessness. Providing homeless veterans with transitional housing and supportive services.

Rental Assistance

Rent Assistance	http://www.rentassistance.us/	Rent Assistance lists thousands of local agencies and non-profit organizations that can help you pay your rent or find a better rate.
Louisiana Housing Corporation	https://www.lhc.la.gov/rental-opportunities	In keeping with its mission to ensure that every Louisiana resident is granted an opportunity to obtain safe, affordable, energy-efficient housing, the LHC directs renters and prospective renters to the following programs and resources.

Survivors who live in Acadia, Allen, Beauregard, Calcasieu, Cameron, Grant, Jackson, Jefferson Davis, Lincoln, Morehouse, Natchitoches, Ouachita, Rapides, Sabine, Union, Vermilion, Vernon or Winn parish, follow these steps if your home is uninhabitable and you need a place to stay:

- Survivors need to file a claim with their insurance company. They should check with their homeowners or renters insurance agent about additional living expenses, or ALE, coverage as part of their policy that may assist in relocating to a temporary residence.

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Rental Assistance Cont.

- Survivors should also register for FEMA assistance. If they have insurance, they should submit their settlement documents for review before FEMA can determine their eligibility status. If their policy does not include ALE, or if they exhaust this coverage and their home remains uninhabitable, they may be eligible for rental assistance from FEMA. They may register by either going online to disasterassistance.gov, downloading the FEMA app or by calling the helpline at 800-621-3362 or TTY 800-462-7585. Survivors who use 711 or Video Relay Service may call 800-621-3362.

- A FEMA inspector will contact applicants by phone to ask questions about the type and extent of damage. It may be necessary for FEMA to perform a remote inspection if an applicant reported they cannot or may not be able to safely live in their home. It is important for FEMA to be able to contact applicants. Phone calls from FEMA may come from an unidentified number.

Survivors should keep receipts for three years to show how they spent FEMA grants. If grant money is not used as outlined in the letter, survivors may have to repay FEMA and could lose eligibility for further federal assistance to help them with their Hurricane Laura recovery.

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FINANCIAL RESOURCES



Organization / Program Name	Links and Contact Information	Description
Army Emergency Relief (AER)	https://www.aerhq.org/	<p>For Active Duty Soldiers and Soldiers on Active Duty Orders for more than 90 days</p> <p>AER is the Army's own emergency financial assistance organization and is dedicated to "Helping the Army Take Care of its Own." If you have questions about applying for AER assistance, please contact HQ AER at 1-866-878-6378.</p>
AER Office Locator	https://www.aerhq.org/Office-Locator	<p>For Active Duty Soldiers and Soldiers on Active Duty Orders for more than 90 days</p> <p>Find Your Closest AER Location</p>
Disaster Assistance Improvement Program (DAIP)	https://www.disasterassistance.gov/	The Disaster Assistance Improvement Program's (DAIP) mission is to provide disaster survivors with information, support, services, and a means to access and apply for disaster assistance through joint data-sharing efforts between federal, tribal, state, local, and private sector partners.
FEMA	https://www.fema.gov/	Helping people before, during, and after disasters.
U.S. Small Business Administration	https://www.sba.gov/offices/disaster/dacsc	The Office of Disaster Assistance's mission is to provide low-interest disaster loans to businesses of all sizes
Need Help Paying Bills	https://www.needhelppayingbills.com/	Find information on programs that offer a number of ways to get help with paying bills.
Federal Employees Education and Assistance Fund (FEEA)	https://feea.org/our-programs/disaster-relief/	Federal Employees Education and Assistance Fund (FEEA)

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MENTAL HEALTH SERVICES



Organization / Program Name	Links and Contact Information	Description
SAMHSA's National Helpline	https://www.samhsa.gov/find-help/national-helpline Phone: 1-800-662-4357	SAMHSA's National Helpline is a free, confidential, 24/7, 365-day-a-year treatment referral and information service for individuals and families facing mental and/or substance use disorders.
Army Reserve Psychological Health Program	Stacey Feig, Team Leader Office of the Chief, Army Reserve (OCAR) Office: 703-806-6905 Cell: 703-254-8246 stacey.a.feig.ctr@mail.mil	The program offers counseling referrals for soldiers and family members, Command consultation, and Traumatic Event Management.
Disaster Distress Helpline	https://www.samhsa.gov/find-help/disaster-distress-helpline Phone: 1-800-985-5990	SAMHSA's Disaster Distress Helpline provides 24/7, 365-day-a-year crisis counseling and support to people experiencing emotional distress related to natural or human-caused disasters.
TRICARE	https://www.tricare.mil/CoveredServices/Mental	Mental health problems can affect your thoughts, mood and behavior. Learn about TRICARE's mental health coverage.
Veterans Crisis Line	https://www.veteranscrisisline.net/ Phone: 1-800-273-8255	If you or a family member needs help, call a crisis hotline now!
Give An Hour	https://giveanhour.org/	Give an Hour is a national nonprofit organization with a large network of mental health professionals who offer no cost mental health counseling to those in need. info@giveanhour.org
Military OneSource	http://www.militaryonesource.mil/ Phone: 800-342-9647	Military OneSource offers a wide range of individualized consultations, coaching and non-medical counseling for many aspects of Military Life. Also provides interpretation/ translation services and document translation.
Crisis Text Line	https://www.crisistextline.org/	Text SIGNS to 741741 for the Crisis Text Line
Give An Hour	https://giveanhour.org/	Our aim is to improve the mental health and emotional wellbeing of all persons.

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GENERAL RESOURCES

Civilian Resources		
Organization / Program Name	Links and Contact Information	Description
United Way 211	http://211.org/	2-1-1 is a free and confidential service that helps across the U.S. find the local resources they need. Available 24/7
Findhelp.org	https://www.findhelp.org/	Find food, health, housing, job training programs and more, anywhere.
Suntopia.org	https://www.suntopia.org/	List of social service programs for individuals and families in need.
U.S. Department of Agriculture	http://www.usda.gov/wps/portal/usda/usdahome?navid=disaster-help	Food, Property and Shelter, Food Safety and Food Assistance, Crop and Livestock Loss, Community Recovery Resources.
Federal Deposit Insurance Corporation (FDIC)	https://www.fdic.gov Phone: 877-275-3342	FDIC is an independent agency created by the U.S. Congress to maintain stability and public confidence in the nation's financial system by insuring deposits, examining and supervising financial institutions for safety and soundness and consumer protection, and managing receiverships.
Lawyers.Com	https://www.lawyers.com/legal-info/insurance Phone: 800-526-4902	Legal assistance information/ locate an attorney
Military Resources		
Organization / Program Name	Links and Contact Information	Description
Military One Source (MOS)	http://www.militaryonesource.mil/ Phone: 800-342-9647	Military OneSource offers a wide range of individualized consultations, coaching and counseling for many aspects of Military Life.
Veterans of Foreign Wars (VFW) Unmet Needs Program	http://www.vfw.org/UnmetNeeds	Unmet Needs is there to help America's military families who have run into unexpected financial difficulties as a result of deployment or other military-related activity or injury. The program provides financial aid grants of up to \$1,500 to assist with basic life needs in the form of a grant - not a loan - so no repayment is required.

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Joint Services Support	https://www.jointservicesupport.org/Default.aspx	Connecting you to valuable resources and programs you need.
Vets 4 Warriors	https://vets4warriors.com/	Our mission is to provide 24/7 confidential, stigma free peer support by veterans to Active Duty, National Guard and Reserve service members, Veterans, Retirees, and their families/caregivers.
National Resource Directory	https://nrd.gov/	National Resource Directory connects wounded, ill & injured service members, Veterans, their families, and caregivers with those who support them.
USA Cares	http://www.usacares.org/	Assisting military families in crisis.
TRICARE	http://www.tricare.mil/contactus/	TRICARE is the health care program for uniformed service members, retirees, and their families around the world.
Department of Veterans Affairs	https://www.va.gov/	The US Department of Veterans Affairs provides patient care and federal benefits to Veterans and their dependents.

PET & LIVESTOCK RESOURCES



Organization / Program Name	Links and Contact Information	Description
Ready	https://www.ready.gov/animals	If you are a pet owner, that plan must include your pets. Being prepared can save their lives. If you evacuate your home, DO NOT LEAVE YOUR PETS BEHIND!
Missing Pet Network	http://www.missingpet.net	The MPN gives advice on how to find missing pet / animals.
American Humane	https://www.americanhumane.org/	American Humane is committed to ensuring the safety, welfare and well-being of animals.
Global Animal Foundation	https://www.globalanimal.org/	Our mission is to swiftly get resources on the ground during natural disasters and other emergencies that put animals, from pets to wildlife, in critical peril.

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INTERNET/PHONE SERVICE



Organization Name	Links
AT&T	https://www.att.com/
Verizon	https://www.verizonwireless.com/
T-Mobile	https://www.t-mobile.com/
Sprint	https://www.sprint.com/
Straight Talk	https://www.straighttalk.com
Cricket Wireless	https://www.cricketwireless.com/
Spectrum	https://www.spectrum.com
Dish Network	https://www.dish.com/
Direct T.V.	https://www.directv.com/

Each of the three major US carriers has its own tools and teams, with Verizon and T-Mobile also operating fleets of COLTs and COWs, mobile command centers and relief trailers alongside other tools that are ready to be deployed in case of emergencies. Verizon even experimented with drones that connect to its cell network back in 2016.

Although each provider's tools are designed for their own networks, they can work together. The National Coordinating Center for Communications, a part of the Department of Homeland Security's Cybersecurity and Infrastructure Security Agency (CISA) division based in Washington, DC, helps coordinate efforts between government agencies and wireless carriers before and during disasters.



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TRANSPORTATION INFORMATION



Organization / Program Name	Links and Contact Information	Description
All participating evacuees will be picked up at the satellite sites and transported to the Parish Pickup Point, off loaded from the buses and registered into the evacuation process. Evacuees will then be loaded onto different buses for transfer to a shelter.		
American Public Transportation Association	https://www.apta.com/research-technical-resources/public-transportation-links/louisiana/	Locate all forms of public transportation in the state of Louisiana.
U.S. Department of Transportation	https://www.transportation.gov/	Serve the United States by ensuring a fast, safe, efficient, accessible and convenient transportation system that meets our vital national interests and enhances the quality of life of the American people, today and into the future.
Flight Aware	https://flightaware.com/live/	Flight Aware is the world's largest flight tracking data company.
Carlson Wagonlit Travel (CWT)	https://www.mycwt.com/	CWT is a company managing business travel, meetings and events for companies, governments and non-governmental organizations.
Louisiana Department of Transportation	http://wwwsp.dotd.la.gov/Inside_LaDOTD/Divisions/Operations/Emergency_Operations/Pages/default.aspx	Emergency operations for the state of Louisiana during a State of Emergency
Louisiana 211	https://www.louisiana211.org/	Louisiana 2-1-1 is an information and referral line for finding local services and resources in your community.
Defense Travel System (DTS)	https://www.defensetravel.dod.mil/site/tac.cfm	Military members and DoD Civilian personnel can book official travel and manage travel expenses.

POSTAL



Organization Name	Link
United States Postal Service (USPS)	https://about.usps.com/news/service-alerts/
Federal Express (FEDEX)	https://www.fedex.com/en-us/service-alerts.html
United Parcel Service (UPS)	https://www.ups.com/us/en/service-alerts.page
DHL (Mail Delivery)	https://www.dhl.com/

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REPLACE YOUR LOST DOCUMENTS IN THE STATE OF LOUISIANA

Organization Name	Links	Phone	Type of Document
Birth and Death Certificates	https://ldh.la.gov/index.cfm/page/2663	225-342-9500	The Louisiana Department of Health State Registrar and Vital Records Office Birth and Death
Louisiana Driver Licenses	www.expresslane.org		Replace lost or stolen driver's licenses
Marriage and Divorce Documents	https://ldh.la.gov/index.cfm/page/2687	225-342-9500	Request a copy of a marriage certificate. To obtain divorce decree, contact the clerk of court in the parish where the divorce was granted.
Social Security	https://www.ssa.gov/ssnumber/	800-772-1213	Request a copy of a lost, stolen, or damaged card. Update or correct your personal information (e.g. name, citizenship, sex identification, date of birth) or to request a Social Security number for the first time.
U.S, Citizenship and Immigration Services	https://www.uscis.gov/green-card/after-we-grant-your-green-card/replace-your-green-card	800-375-5283	Contact for all questions related to your green card
Identity Theft Resource Center	Website: http://www.idtheftcenter.org/ Email: itrc@idtheftcenter.org	888-400-5530	Support victims of identity theft
Annual Credit Report.com	https://www.annualcreditreport.com/index.action	877-322-8228	Free credit report

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REPLACE YOUR LOST DOCUMENTS IN THE STATE OF LOUISIANA CONT.

National Archives Records	https://www.archives.gov/	866-272-6272	Military records
U.S. Department of State	https://travel.state.gov/content/passports/en/passports/lost-stolen.html	877-487-2778	Passports
Internal Revenue Service	https://www.irs.gov/uac/About-Form-4506T	800-829-1040	Federal tax documents and returns
U.S. Treasury Department – Treasury Direct	https://www.treasurydirect.gov/tdhome.htm	844-284-2676	U. S. Savings bonds
Louisiana Department of Public Health	http://ldh.la.gov/index.cfm/subhome/16	225-342-9500	Marriage, Birth and Death Certificates
Division of Motor Vehicles	https://www.expresslane.org/Pages/default.aspx	225-925-6146	Driver's License, Vehicle Title and Registration
Citi Bank	https://home.cards.citidirect.com/CommercialCard/ux/index.html#/login	800-200-7056	Government Travel Card
Visa	https://usa.visa.com/support/consumer/lost-stolen-card.html	800-847-2911	Lost/Stolen Card
Mastercard	https://www.mastercard.us/en-us/personal/get-support.html	800-627-8372	Lost/Stolen Card
AMEX	https://www.americanexpress.com	800-528-4800	Lost/Stolen Card








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MOBILE APPS



APP Name	Links	Description
EMERGENCY 	iTunes: https://itunes.apple.com/us/app/emergency-by-american-red/id954783878?mt=8 Google: https://play.google.com/store/apps/details?id=com.cube.arc.hzd	This all-inclusive app lets you monitor more than 35 different severe weather and emergency alerts, to help keep you and your loved ones safe
Get A Game Plan 	Apple App Store: https://apps.apple.com/us/app/get-a-game-plan/id1144204331 Google: https://play.google.com/store/apps/details?id=com.lai.lagameplan&hl=en	The LA Get A Game Plan App is the official emergency preparedness mobile app provided by the Louisiana Governor's Office of Homeland Security and Emergency Preparedness (GOHSEP).
American Red Cross 	iTunes: https://apps.apple.com/us/app/first-aid-by-american-red-cross/id529160691 Google: https://play.google.com/store/apps/details?id=com.cube.arc.fa	Be Prepared for Emergencies. Accidents happen – but you can be ready to help yourself and your loved ones with this FREE app. The First Aid app puts expert advice for common emergencies at your fingertips. Videos, interactive quizzes and simple step-by-step advice makes learning easy and engaging. Select English or Spanish language with an in-app toggle.

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<p>Hero Care by American Red Cross</p> 	<p>iTunes: https://itunes.apple.com/us/app/hero-care-by-american-red/id1120615435?ls=1&mt=8 Google: https://play.google.com/store/apps/details?id=com.cube.arc.saf</p>	<p>Hero Care by the American Red Cross is a complete solution for members of the military, veterans, and their families to prepare for, cope with and respond to the challenges of military service.</p>
<p>First Aid</p> 	<p>iTunes: https://itunes.apple.com/US/app/first-aid-by-american-red-cross/id529160691?mt=8 Google: https://play.google.com/store/apps/details?id=com.cube.arc.fa&hl=en_US&gl=US</p>	<p>Get instant access to information on handling the most common first aid emergencies.</p>
<p>Disaster Alert</p> 	<p>iTunes: https://itunes.apple.com/us/app/disaster-alert-pdc-world-hazards/id381289235?mt=8 Google: https://play.google.com/store/search?q=disaster+alert&c=apps</p>	<p>Provides mobile access to multi-hazard monitoring of and early warning for "Active Hazards" around the globe. Additional information and reports about hazards can be viewed and shared.</p>
<p>Pet First Aid</p> 	<p>iTunes: https://apps.apple.com/us/app/pet-first-aid/id780415389 Google: https://play.google.com/store/apps/details?id=com.cube.arc.pfa</p>	<p>Provides first aid information for your pet. Useful information for a variety of pet issues that a pet owner may face.</p>
<p>SirenGPS</p> 	<p>iTunes: https://itunes.apple.com/us/app/sirengps-mobile/id771924564?mt=8 Google: https://play.google.com/store/apps/details?id=com.sirengps.mobile</p>	<p>SirenGPS connects everyone in a community to first responders and allows first responders to communicate with each other, all on a single platform. It allows first responders to determine the precise location of 911 callers.</p>
<p>SAMHSA</p> 	<p>iTunes: https://itunes.apple.com/us/app/samhsa-disaster-response-app/id787518271?mt=8 Google: https://play.google.com/store/apps/details?id=gov.hhs.samhsa.app.disaster</p>	<p>SAMHSA Behavioral Health Disaster Response App is designed for behavioral health professionals and provides access to evidenced-based mental health and substance use information, tools, and resources for use in the field</p>
<p>FEMA</p> 	<p>iTunes: https://apps.apple.com/us/app/fema/id474807486 Google: https://play.google.com/store/apps/details?id=gov.fema.mobile.android</p>	<p>Receive alerts from the National Weather Service for up to five locations. Get safety reminders, read tips to survive natural disasters, and customize your emergency checklist. Locate Open shelters and were to talk to FEMA in person (or on the phone).</p>

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IF YOU WOULD LIKE TO VOLUNTEER OR MAKE A DONATION

Please see links below on ways you can **volunteer** or **make a donation** to support your local area.



Organization / Program Name	Links and Contact Information	Description
Habitat for Humanity	https://www.habitat.org/	Habitat for Humanity is a nonprofit organization that helps families build and improve places to call home.
American Red Cross	https://www.redcross.org/	Our network of generous donors, volunteers and employees share a mission of preventing and relieving suffering, here at home and around the world.
United Way	http://www.unitedway.org	United Way's focus is to identify and resolve pressing community issues. They make measurable changes in communities through partnerships with schools, government agencies, businesses, organized labor, financial institutions, community development corporations, voluntary and neighborhood associations, the faith community and others.
Salvation Army	https://www.salvationarmyusa.org	The Salvation Army, a Christian denominational church and international charitable organization, has a reported 1.5 million worldwide membership. Their calling is to serve the poor, destitute and hungry by meeting both their "physical and spiritual needs."
Louisiana Volunteer & Donated Resources Fact Sheet	https://gohsep.la.gov/Portals/0/Documents/Workshop/2018GConference/VolunteerDonatedResourcesToolBox.pdf	The mission of Volunteer Louisiana is to build and sustain high quality programs that meet the needs of Louisiana's citizens and promote an ethic of service

LOUISIANA RESOURCE GUIDE



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John Bel Edwards, Governor
Ava Dejoie, Secretary

Office of the Secretary

Updated 03/16/2020

Louisiana Response to COVID-19 (Coronavirus Disease)

Information for Workers in Louisiana

If your employment has been impacted for reasons related to COVID-19 (Coronavirus Disease), please review the following information about assistance available. The Louisiana Workforce Commission (LWC) will do all that we can to ensure impacted workers receive the benefits for which they are eligible.

Do any of these situations apply to you?

1. ***Your work hours have been reduced because of lack of work due to Coronavirus.***
 2. ***Your workplace closes temporarily, and you are not being compensated.***
 3. ***You have been instructed not to go to work, and you are not being paid while at home.***
- You MAY be eligible for unemployment insurance. You can file a claim at www.louisianaworks.net/hire or by calling our Claim Center at 866-783-5567. Effective March 17, 2020, we have extended our Claim Center hours to 8 a.m.- 7 p.m.
 - Be sure to answer "yes" to the question, "Are you filing for Unemployment Insurance benefits for reasons related to COVID-19 (Coronavirus)?" This will provide needed information to the LWC to help process your claim.
 - If your work hours have been reduced, partial benefits could be available to you up to a maximum of \$247 a week. You must report any earnings for the week that you work, even if you've not yet been paid. Report the gross amount before deductions. These earnings would be factored into the amount of unemployment benefits paid to you for that week.
 - A number of factors determine eligibility for benefits. The LWC reviews each case separately.
 - The maximum number of weeks that unemployment benefits can be paid per claim is 26 weeks in a 12-month period.
 - Wages and vacation pay (received or will receive) MUST be reported when you file your unemployment claim. Sick leave and PTO do not need to be reported.

IMPORTANT NOTE: As per the Governor's proclamation, for individuals whose employment has been impacted due to COVID-19:

- Work search requirements are waived
- Week of waiting is waived

Information for Employers in Louisiana

If you are temporarily closing or reducing your hours of operations due to COVID-19, please contact the LWC to discuss how we can provide assistance and answer your questions about unemployment insurance and other programs and resources available.

- Contact us at EmployerServices@lwc.la.gov with your unemployment insurance questions. Be sure to provide your company's name, a point of contact, telephone number and email address, as well as specifics on the assistance you are requesting. The Employer Call Center, 225-326-6999, is also available.
- For other programs and assistance, contact the American Job Center in your area. To find the closest American Job Center, go to http://www.laworks.net/Downloads/WFD/AJC_Contacts.pdf

IMPORTANT NOTE: As per the Governor's proclamation, reimbursable employers impacted due to COVID-19:

- Non-charges may be granted